

OUR HEALTH IS CRITICALLY IMPORTANT TO OUR WELL BEING.

MEET ANDRÉ

Like millions of other Americans, André is having a hard time getting and staying healthy.

BUT GOOD HEALTH IS NOT ALWAYS EASY TO ACHIEVE.

FOR EXAMPLE:

André lives in an underserved community. Affordable, high-quality health care is not the norm.

We may think it would be enough to simply provide him with good health care, or even just teach him how to be healthy.

The reality is, all around us there are *people, places, and rules* that make it easier or harder to stay healthy

HOW THESE THINGS CONNECT AND INTERACT IS CALLED A *SYSTEM*.



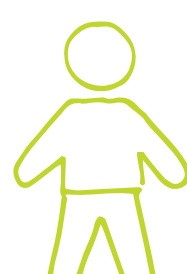
The more people, places, and rules that are interacting, the more complicated the system becomes.

OUR HEALTH CARE SYSTEM IS A GOOD EXAMPLE OF A REALLY COMPLICATED SYSTEM.

HOW DOES THAT AFFECT ANDRÉ?

WE'VE ALL HEARD

THE ADAGE ABOUT THE FISH:



If you **GIVE** a man a fish, he will eat **TODAY.**

But

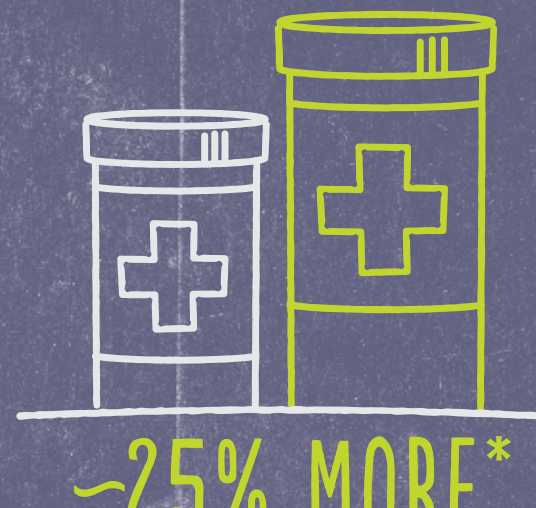
If you **TEACH** a man to fish, he can feed himself **FOREVER.**

SOUNDS NICE, RIGHT?

But there's more to it. *We have to ask ourselves some critical questions...*



**A SUBSTANTIALLY HIGHER
SHARE OF BLACKS AND HISPANICS
REPORT BEING IN
POOR OR FAIR HEALTH
COMPARED TO WHITES.**



*Findings and Analysis from the Connecticut Health Care Survey (CTHCS)

THIS IS EXACTLY WHAT WE ARE HERE TO TACKLE.

AT CT HEALTH, OUR MISSION STATES:

"Everyone deserves the opportunity for optimal health, regardless of race, ethnicity, background, or income level. We are dedicated to improving the health of all Connecticut residents."

**Our approach is quite simple.
CREATING CHANGE TAKES:**



THE RIGHT PEOPLE

Systems are made up of and driven by people, like you and me. Changing a system begins with investing in people who understand how a systems works and how to make it better.



OPENING PLACES

Systems work best when there are equal amounts of transparency and access. When people don't understand the many facets of a system, or are denied access, the system is not working.



RE-WRITING RULES

Rules make systems run. There are laws, regulations, best practices, and just the old-fashioned "that's just the way we do things." If a system is to work better, we must constantly ask ourselves, "Are the rules fair?"

**YOU CAN MAKE
A DIFFERENCE**



For André, and many like him.



**SIGN UP FOR OUR
EMAIL NEWSLETTER**

Learn how we change health care systems together.