

# A snapshot of health disparities in Connecticut

## Racial and ethnic health disparities are among Connecticut's most pressing issues.

While many complex factors contribute to these unequal health outcomes, there are ways to make progress and ensure that Connecticut's next generation will be free from racial and ethnic health disparities.

It starts with understanding the health disparities currently facing people of color in Connecticut.



## Three examples of health disparities in Connecticut

### Asthma



Black Connecticut residents are nearly **five times** as likely as white

residents to visit the emergency department for asthma. Among Hispanics, the rate of asthma-related emergency department visits is **four times** higher than for white residents.<sup>1</sup>

### Diabetes



Black residents are more than **twice as** likely as white residents

to die from diabetes and are more than **four times** as likely to be hospitalized for diabetes. Hispanic residents are more than **twice as** likely as whites to be hospitalized.<sup>2</sup>

### Infant mortality



Babies born to black women in Connecticut are nearly **three**

**times** as likely to die as babies born to white women, while among Hispanic mothers, babies are **twice as** likely to die.<sup>3</sup>

# Endnotes

- 1 CT Department of Public Health, Hospitalization data from 2000-2016 Hospital Discharge Data obtained from Connecticut Hospital Information Management Exchange (CHIME). [http://www.portal.ct.gov/-/media/Departments-and-Agencies/DPH/dph/Files/Asthma\\_QuickStats\\_EDVisit.xlsx?la=en](http://www.portal.ct.gov/-/media/Departments-and-Agencies/DPH/dph/Files/Asthma_QuickStats_EDVisit.xlsx?la=en)
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- 8 Rachel Garfield, Robin Rudowitz, and Anthony Damico, "Understanding the Intersection of Medicaid and Work," Kaiser Family Foundation, Dec. 7, 2017. <https://www.kff.org/report-section/understanding-the-intersection-of-medicaid-and-work-appendix/>
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## CREDITS

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