

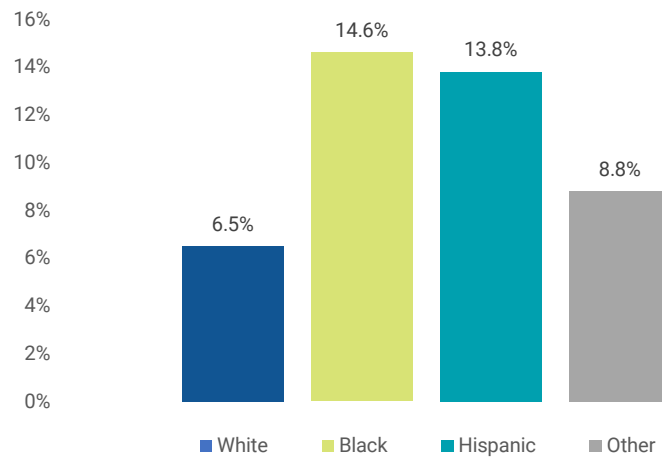
Health Disparities in Connecticut: DIABETES

Diabetes is a chronic condition that affects nearly one in 10 adults in Connecticut, but has disproportionately devastating effects on Black and Hispanic residents.

DIABETES DIAGNOSES

Black and Hispanic Connecticut residents are more than twice as likely as white residents to have been diagnosed with diabetes.

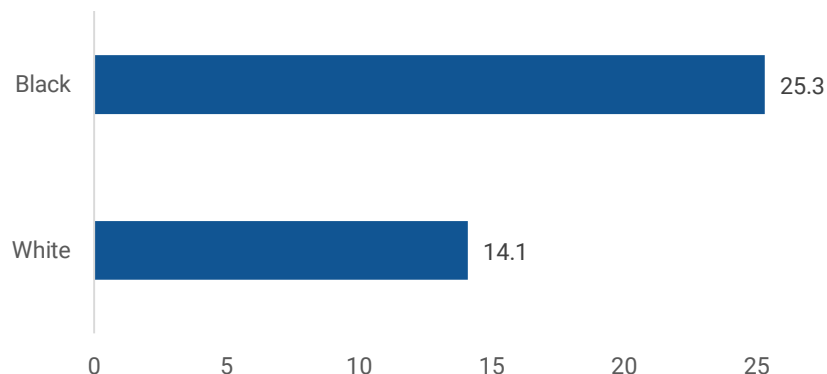
Adults with diabetes, Connecticut, 2012-2014¹
Data is age-adjusted



DEATHS FROM DIABETES

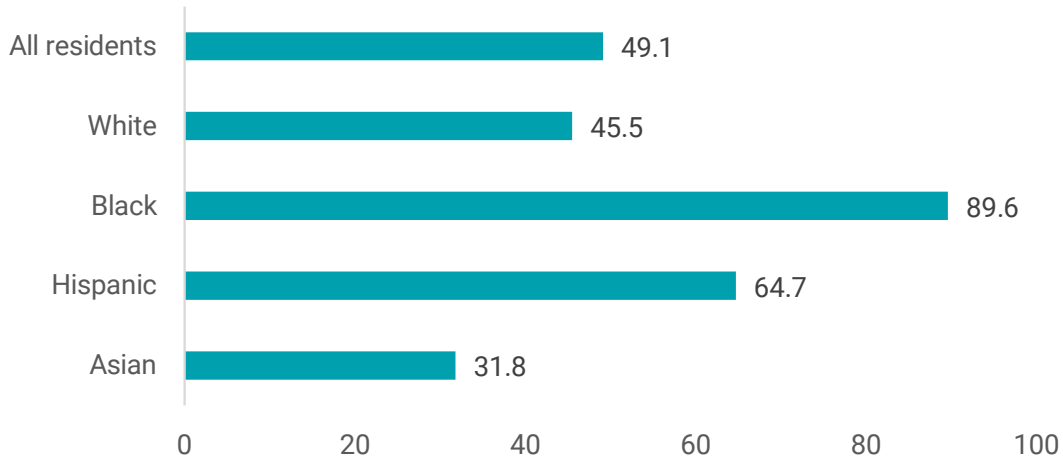
Black Connecticut residents are significantly more likely than white residents to die from diabetes.

Diabetes deaths per 100,000 people, Connecticut, 2018²
Both categories include people of Hispanic origin. Rates are age-adjusted.



Diabetes death rates do not capture the full toll of the condition, because many people die from complications of diabetes. Another important indicator is the rate of diabetes-related deaths, which refers to deaths in which diabetes is a contributing cause of death.

Diabetes-related deaths per 100,000 people, Connecticut, 2008-2012³
Rates are age-adjusted

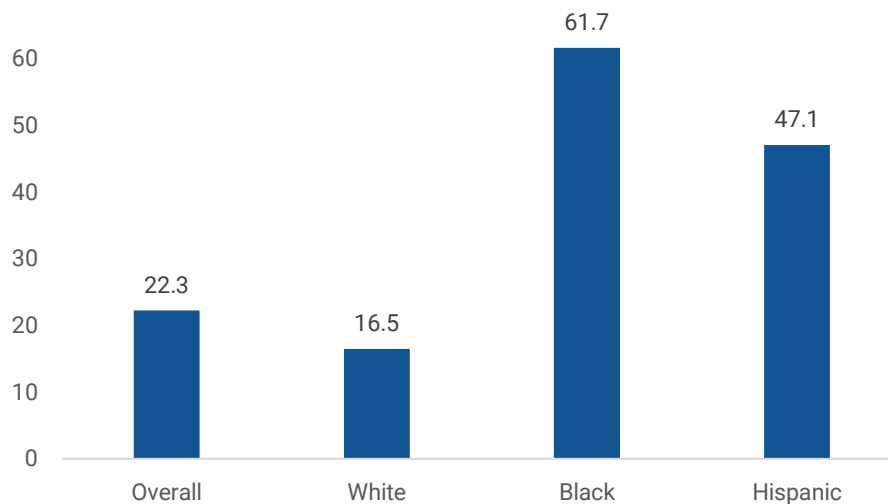


AMPUTATIONS FROM DIABETES

One serious consequence of diabetes is having a leg or foot amputated – a preventable complication that experts say should be unnecessary.⁴ Yet it continues to occur, disproportionately among Black and Hispanic individuals.

Black residents are nearly four times as likely as white residents to have a diabetes-related lower-extremity amputation. Among Hispanics, the rate is nearly three times higher than among whites.

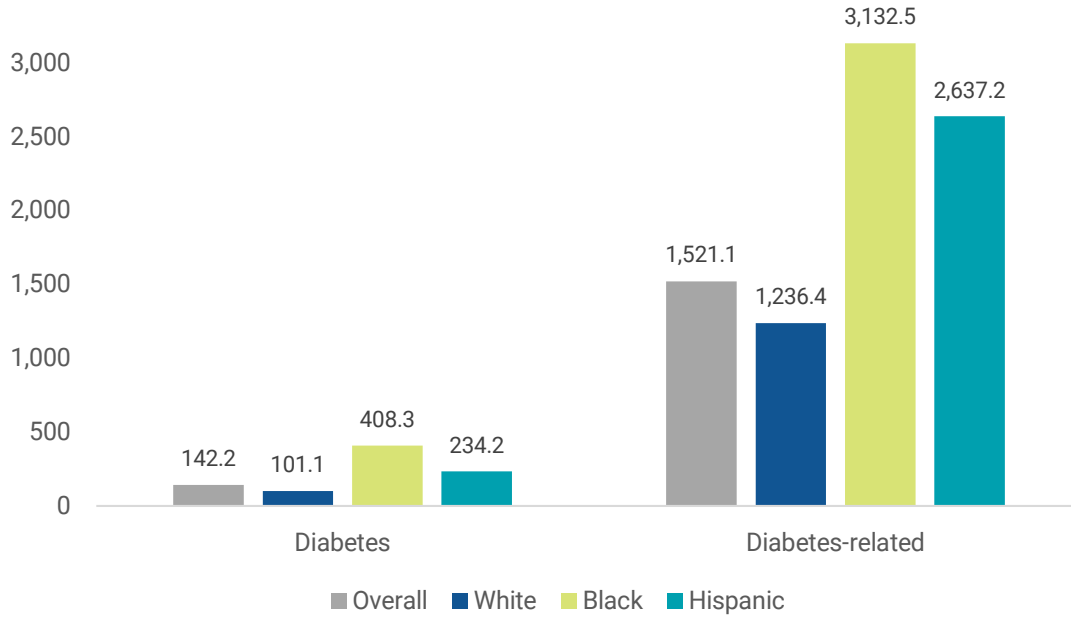
Hospital discharges for diabetes-related nontraumatic lower extremity amputation, per 100,000 people, Connecticut, 2013⁵
Rates are age-adjusted



HOSPITALIZATION FOR DIABETES

Black Connecticut residents are more than four times more likely to be hospitalized for diabetes than white residents, while Hispanic residents are more than twice as likely.

Hospital discharges per 100,000 people, Connecticut, 2013⁶
Rates are age-adjusted



ENDNOTES

- 1 Connecticut Department of Public Health, [Connecticut Diabetes Statistics Report, 2016: Estimates of the Burden of Diabetes and its risk factors in Connecticut](#), March 2016, p. 10.
- 2 Kaiser Family Foundation, ["Number of Diabetes Deaths per 100,000 Population by Race/Ethnicity,"](#) Connecticut, 2018.
- 3 Connecticut Diabetes Statistics Report, 2016: Estimates of the Burden of Diabetes and its risk factors in Connecticut, page 3.
- 4 Anna Gorman, ["Diabetic Amputations A 'Shameful Metric' of Inadequate Care,"](#) Kaiser Health News, May 1, 2019.
- 5 Connecticut Diabetes Statistics Report, 2016: Estimates of the Burden of Diabetes and its risk factors in Connecticut, page 8.
- 6 Connecticut Diabetes Statistics Report, 2016: Estimates of the Burden of Diabetes and its risk factors in Connecticut, page 8.